

Accelerate your TA accreditation journey

Structured preparation, focussed feedback and international calibration for the CTA, TEW and TSTA exams — in the organisational field.

PROGRAMME

TAO6 — TA exam preparation workshops

Drs Sari van Poelje

Director, Intact Academy

Teaching & Supervising Transactional Analyst • EMCC Master Practitioner

Intact Academy

PERSONAL & PROFESSIONAL DEVELOPMENT

WHY CHOOSE INTACT ACADEMY

Forty years of preparing transactional analysts for accreditation

EMCC and ICF accredited programmes in ten countries, focussed on executive and team coaching using Transactional Analysis and many other frameworks.

Over the past forty years, our programmes for coaches, consultants, leaders and HR professionals have contributed to remarkable personal and professional development. We don't just offer training — we set you up for success through personal coaching, professional supervision, hands-on practice and accreditation support.

IS THIS PROGRAMME FOR YOU?

1

Are you ready for a next step in your journey?

2

Do you want to deepen your TA theory and methods?

3

Are you preparing for your CTA, TEW or TSTA exam?

4

Do you want to calibrate with international colleagues?

Then it is time to step into the Intact Academy TA exam preparation workshops — the programme offers hours toward becoming a Certified Transactional Analyst and toward TEW and TSTA accreditation through EATA and ITAA pathways.

FOUNDATIONS

- Berne, E. (1961). *Transactional Analysis in Psychotherapy*. New York: Grove Press.
- Stewart, I. & Joines, V. (2012). *TA Today: A New Introduction to Transactional Analysis* (2nd ed.). Nottingham: Lifespace.
- Mountain, A. & Davidson, C. (2016). *Working Together: Organizational Transactional Analysis and Business Performance*. Routledge.
- EATA (2024). *Training and Examinations Handbook*. European Association for Transactional Analysis.

WHAT IS IN IT FOR YOU

Accelerated integration of theory, skills, and self

Mock exams calibrate readiness. Supervision builds professional judgement. Personal work resolves the script issues that derail performance on the day.

Immediate impact

- Structured preparation for the exam
- Focussed feedback on your written and oral work
- Mock exams, presentations, discussions
- Calibration with international colleagues
- Personal work opportunities

Lasting transformation

- Embedded professional practice
- Performance improvement under exam pressure
- Increased personal resilience
- Confidence in being *ethical, responsible, effective*
- An international peer network for life

A NOTE ON EXAM READINESS

The CTA, TEW and TSTA processes test whether you can integrate theory, practice and personal awareness in real time. The workshops are designed to surface the integration, not just to rehearse the answers.

ON EXAM PREPARATION & PROFESSIONAL DEVELOPMENT

- Cornell, W. F., de Graaf, A., Newton, T. & Thunnissen, M. (Eds.) (2016). *Into TA: A Comprehensive Textbook on Transactional Analysis*. Karnac.
- Hay, J. (2009). *Transactional Analysis for Trainers* (2nd ed.). Hertford: Sherwood Publishing.
- van Poelje, S. & de Graaf, A. (Eds.) (2020). *New Theory and Practice of Transactional Analysis in Organizations: On the Edge*. Routledge.
- Schmid, B. (1994). 'Intuition of the possible and transactional creations of realities.' *Transactional Analysis Journal*, 24(3), 152–161.

HOW WE MAKE IT HAPPEN

Four pillars, one centre — ethical, responsible, effective

Immersive workshops leading to CTA, TEW and TSTA accreditation. International, multi-field, and explicitly designed for both professional and personal development inside a fun and safe learning community.

01

TA theory

Deepen theory in your field at the level of your exam — through games, presentations and structured discussion.

02

TA practice

Show how you apply TA in your work. Lead presentations, run sessions, take supervised risks.

03

Supervision & personal work

Bring your live cases and your own script material. Whatever sets you up for success.

04

Mock exams

Partial 'soft' mocks and full mock exams to calibrate readiness with international examiners.

THE CENTRE OF THE WORK

Every workshop comes back to one question: are you being ethical, responsible and effective in your TA practice? The four pillars only matter to the extent that they sharpen the answer.

ETHICS & PROFESSIONAL PRACTICE

- EATA (2023). *Ethical Code and Professional Practice Guidelines*. European Association for Transactional Analysis.
- ITAA (2024). *Code of Ethics*. International Transactional Analysis Association.
- Carroll, M. & Shaw, E. (2013). *Ethical Maturity in the Helping Professions: Making Difficult Life and Work Decisions*. Jessica Kingsley.
- Cornell, W. F. (2018). 'Ethical practice and the relational matrix.' *Transactional Analysis Journal*, 48(2), 99–112.

YOUR LEARNING JOURNEY

From contract to accreditation

Three stages that mirror the structure of professional development itself: contract, programme, ongoing support.

01 The contract

Every workshop opens with learning contracts. We can't always guarantee you get exactly what you want — but you'll certainly get what you need. Berne's three-cornered contract (administrative, professional, psychological) is the working model from session one.

02 The programme

After contracting we structure the time so everybody gets at least one slot. This can be a presentation, a piece of supervision, personal work, a mock exam, a discussion or a piece of play. The boundary condition is: *does this move you toward exam readiness?*

03 Ongoing support

Between workshops we offer ongoing supervision groups (see brochure TAO5) so the integration doesn't stop when the workshop ends. Not included in the programme fee — bookable separately.

These three stages create a complete development journey — from contracting, to professional transformation, to accreditation.

ON CONTRACTING & LEARNING JOURNEYS

- Berne, E. (1966). *Principles of Group Treatment*. New York: Oxford University Press.
- English, F. (1975). 'The three-cornered contract.' *Transactional Analysis Journal*, 5(4), 383-384.
- Sills, C. (Ed.) (2006). *Contracts in Counselling & Psychotherapy* (2nd ed.). London: Sage.
- Napper, R. & Newton, T. (2014). *Tactics: Transactional Analysis Concepts for All Trainers, Teachers and Tutors*. TA Resources.

PLANNING, COSTS & FACULTY

Practical details

Start dates, language of delivery, and the international faculty supporting you toward CTA, TEW and TSTA accreditation.

DETAIL	SPECIFICATION
Start dates	Usually February and September. For actual dates and times: www.intactacademy.com/planning
Language	English, with the possibility of translation
VAT	Intact Academy is a state-recognised educational institute — programmes are offered VAT-free
Accreditation	Hours count toward CTA-O, TEW and TSTA-O under EATA / ITAA pathways
Format	Live workshops with mock exams, supervision, personal work and international peer calibration

Faculty

DIRECTOR

Drs Sari van Poelje

International team coach and expert on agility and innovation. Forty years' coaching and consultancy experience, including 23 years as a director in Shell, KLM, EMI Music and ASML. Teaching & Supervising TA, EMCC Master Practitioner, PCM trainer.

FACULTY

Beatrijs Dijkman

TSTA-E, MSc Developmental TA. Trainer and educator in higher education. Works with health care, social work and pedagogics. Specialism: creative and expressive supervision.

FACULTY

Nicole Lenner

PTSTA-C. Business coach and consultant in for-profit organisations. Dedicated to TA philosophy, theory and language across all four application fields.

START YOUR JOURNEY

Let's prepare you for accreditation

When you register for Intact Academy programmes you commit to adhering to the ITAA and EMCC ethical codes and to the Intact Academy registration conditions.

FOR INQUIRIES

Drs Sari van Poelje

sjp@intactacademy.com

tel. +31 6 1149 5020

www.intactacademy.com

BOOK A CALL OR REGISTER

Book a call:

calendly.com/sjp-intactacademy

Register:

intactacademy.com/planning

The CTA, TEW and TSTA exams are not just gateways to titles — they are markers of integrated professional practice. Whatever route you choose, the work is the same: developing yourself as the instrument of your practice.